



Board of Directors Retreat

Wednesday
January 28, 2017

NORFOLK COMMUNITY SERVICES BOARD
RETREAT AGENDA
Saturday, January 28, 2017

- I. Roll Call
- II. Approve December Minutes
- III. Matters of the Chair and Executive Director:
 - A. Review and Amend the BoD's, Strategic Plan, By-Laws, and Policies and Procedures Documents
 - B. Upcoming Potential Changes to CSB Services
 - C. Exploration of Alternative Models to Expand New Ventures
- IV. Adjournment

NORFOLK COMMUNITY SERVICES BOARD MINUTES

Wednesday, December 7, 2016
225 W Olney Road, Norfolk, Virginia

Members Present*:

Karen Fox, Chair (2)
Gary Cooper, Vice Chair (0)
Pat Thrasher (0)
Neil Walsh (3)
Elizabeth Burns (2)
Erica Bullock (3)
Michael O'Toole (5)
Michael Blankenship (0)

Members Absent:

Michael Hires (2)
Linda Irwin-DeVitis (10)
Andrew Bucholz (7)
Lynn Martin (2)
Coby Dillard (3)

Staff Present:

Sarah Paige Fuller, Executive Director
Bob Horne, Div Head, Board Operations/Board Clerk
Jacklyn Griffin, Executive Assistant
Amy Liu, Operations Controller
Jack Cloud, Norfolk City Attorney

Comprising a quorum of the members of the board.

**Numbers in parenthesis represent number of absences in the last twelve (12) months*

I. CALL TO ORDER

The meeting was called to order by the Chair at 6:09 p.m.

II. ROLL CALL

Mr. Horne also announced that Ms. Jennette Franklin had resigned from the Board effective November 15th.

III. APPROVAL OF MINUTES

A motion was made and seconded to approve the minutes for the October 26th meeting of the Board of Directors. The motions passed unanimously.

IV. MATTERS OF THE EXECUTIVE DIRECTOR

A. Financial Report (Amy Liu)

Ms. Liu presented the Norfolk Community Services Board's Financial Report through October 31, 2016 (see Summary Financial Report handout). She indicated that there were no major deviations from prior month's reports. Ms. Liu highlighted our GAP revenues and our use of special revenue account funds. Ms. Liu and Ms. Fuller responded to questions from the members present about the financial report.

B. Support for Norfolk Community Trust (NCT) trustee nomination, Tom Weaver (Sarah Fuller)

Ms. Fuller provided an overview of the Norfolk Community Trust (NCT) to the members. She explained that since the Norfolk Community Service Board is no longer an operating board, the members no longer have legal authority to approve the appointment of trustees to the NCT; however, she requested that the members provide a 'vote of confidence' for the appointment of a new trustee.

A motion was made and seconded that the Norfolk Community Services Board supports the NCT's appointment of Mr. Weaver as a trustee of the Norfolk Community Trust. The motion passed unanimously.

C. Reminder: Board Retreat (Saturday, January 28th, 2017, 09:00 -17:00, ORC, 1st Floor Conference Room)

Ms. Fuller reminded the members of the pending Board Retreat on Saturday, January 28th from 9 AM – 5 PM in the 1st floor conference room at 225 W. Olney Road. She outlined that the Board will spend time on benchmarking the strategic plan, address the By-Laws and Board Policies, and map out what a CSB non-profit would look like.

D. New Grants and Potential New Funding for Peers (Sarah Fuller)

Ms. Fuller shared with the members about new grants and the potential for new funding for peer services. Ms. Fuller shared that there is a grant pending related to the Hampton Roads Regional Jail, but the grant announcement has not yet been made. Mr. O'Toole made very positive comments on the contributions that Ms. Fuller made in developing a grant application to improve the operations at the Hampton Roads Regional Jail. He reported that the Norfolk City Jail staff will continue to assist the new superintendent for at least another 6 months.

Ms. Fuller announced that she is moving forward with the Assistant Director position. She further announced that the State may be willing to provide some additional funding for additional peer positions to assist in serving clients. She discussed plans to provide SOAR training to help those individuals who need to get their benefits in place. This funding would be for special projects positions for at least two years, and is pending Federal approval. Ms. Fuller explained about the plans that the State of Virginia has to expand the role of peers in the provision of addition recovery services in the Commonwealth, and reported that the Federal 21st Century Cures bill has passed which could expand the ability of CSBs to provide improved opioid replacement therapy.

She updated members on the movement with the NRHA Board of Commissioners absorb Residential Options, Inc. whole. The review of this resolution will take place tomorrow, and if all goes well, NRHA will next go before City Council soon to support the creation of a new entity. VHDA has also approved the use of Hugo Street properties as transitional housing.

Ms. Fuller talked about the article in today's Virginian Pilot that announced that Marathon Development has purchased the NCSB Building at 225 W Olney Road, and indicated that the company will not be ready to develop the property for at least another two to three years. She responded to questions from the members.

V. MATTERS OF THE CHAIR

A. Consumer Advisory Committee Update (Erica Bullock)

Ms. Bullock reported that the CAC starting in January will be hosting a Wellness Recovery Action Planning (WRAP) group for peers at the Norfolk Community Services Board. They will be providing these trainings for two months. Ms. Bullock reported that the second phase of training will be based on the free wellness version that was developed by SAMHSA.

B. Legislative Information Update (Neil Walsh)

Mr. Walsh shared that there were issues with where the Federal government would stand with regard to social service issues. At the state level, there is still significant resistance to Medicaid expansion in Virginia. It is fairly clear that the opposition in the State legislature to Medicaid expansion is securely entrenched. He highlighted that the only positive is that the integration of mental health care with criminal justice may help 'down the road.' Where the city will go, depends in part on state funding. The new legislative session will begin on January 14th. Mr. Walsh suggested that members reach out to our local legislators and help them to understand the value of Community Services Boards in Virginia. Ms. Fuller also recommended that members consider imbedding in one of the CSBs programs as a volunteer to better understand our services and population. Finally, they recommended that members support the importance of the continuation of GAP coverage for our consumers and their families.

C. New Program: "REVIVE"

Ms. Fuller shared that with Virginia's declaration of an opioid overdose state level of emergency, that Naloxone can be provided to individuals who attend a REVIVE! Training, without the need for an individual prescription and the medication is covered by most insurances. The Norfolk Community Services Board has begun providing REVIVE! Training to the local community. She provided background on Virginia's Opioid Overdose and Naloxone Education (ONE). This program is teaching people how to recognize and respond to opioid overdose emergencies by administering Naloxone, a medication that can reverse the effects of an opioid overdose. For more information on the State's REVIVE! Program, visit: <http://www.dbhds.virginia.gov/individuals-and-families/substance-abuse/revive>.

VI. ADJOURNMENT

A motion was made and seconded to adjourn the meeting at 7:49 p.m. The motion passed unanimously.

The next meeting of the Board of Directors is scheduled to be held on January 28, 2016, at 9:00 a.m. at our 225 W Olney Road location. This will be the Board Retreat and will take the place of the regular meeting of January 25th.

Respectfully submitted,

Robert A. Horne
Board Clerk

APPROVED:

Garratt Cooper
Vice-Chair