













# Community Volunteer Guide
















7/31/2018

Category	Organization Name	Services Provided	Contact Name	Contact Number	Contact Email	Website	Connect through Social Media
Animal Welfare	Friends of the Norfolk Animal Care Center	Pet pantry and shelter wishlist donations; animal caretakers; making adoption matches; website and social media; community outreach; office support; fostering pets		757-441-5505 ext. 307	<a href="mailto:nacc@norfolk.gov">nacc@norfolk.gov</a>	<a href="http://www.norfolk.gov/nacc">www.norfolk.gov/nacc</a>	
	Norfolk Society for the Prevention of Cruelty to Animals (SPCA)	Socializing dogs, cats, and small mammals; cleaning, feeding; facilitating adoptions at PetSmart SPCA location; staffing offsite adoption events; office support; laundry; grounds maintenance; greeter/information for potential adopters coming into shelter; fostering pets; group volunteer opportunities available		757-622-3319	<a href="mailto:adoption@norfolkspca.org">adoption@norfolkspca.org</a>	<a href="http://www.norfolkspca.com/volunteer/">www.norfolkspca.com/volunteer/</a>	
	Virginia Zoo	Opportunities for individuals, groups, and youth; internships available		757-441-2374		<a href="http://www.virginiazoo.org/get-involved/volunteer/">www.virginiazoo.org/get-involved/volunteer/</a>	
Arts	Virginia Arts Festival	Opportunities include festival office support; front of house performances; publicity; Funhouse Fest; Virginia Beer Festival; Virginia International Tattoo; and weekday student education events	Sandy Miller	757-282-2800	<a href="mailto:info@vafest.org">info@vafest.org</a>	<a href="http://www.vafest.org/volunteer/">www.vafest.org/volunteer/</a>	
Building / Construction	Habitat for Humanity of South Hampton Roads	Opportunities include construction, ReStore volunteering; groups and paid teams welcome		757-640-0590	<a href="mailto:volunteer@shrhabitat.org">volunteer@shrhabitat.org</a>	<a href="http://www.shrhabitat.org/volunteer/">www.shrhabitat.org/volunteer/</a>	
Civic Organizations	Neighborhood Civic Leagues	More than 150 active civic associations contribute to the city's long-standing reputation of resident involvement and neighborhood pride			<a href="mailto:ComeHome@norfolk.gov">ComeHome@norfolk.gov</a>	<a href="http://www.norfolk.gov/index.aspx?NID=432">www.norfolk.gov/index.aspx?NID=432</a>	None
	Neighbors Building Neighborhoods Academy	Offers a variety of training to enhance the capacity of Norfolk citizens to be engaged, responsible neighbors and community leaders	Michelle Johnson	757-664-6772	<a href="mailto:michelle.johnson@norfolk.gov">michelle.johnson@norfolk.gov</a>	<a href="http://www.norfolk.gov/index.aspx?NID=605">www.norfolk.gov/index.aspx?NID=605</a>	None


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Communications	RASON - The Radio Amateur Society of Norfolk	Informal dinner meeting first Monday of the month at 7 PM at the Azalea Inn				<a href="http://www.norfolkhams.org/">www.norfolkhams.org/</a>	
Community	Cemetery Historical Tours	Volunteers who have a knowledge of local history lead dedicated tours; stone masons and bricklayers; landscape maintenance; beautification projects; monument restoration and cleaning; event assistance; photography for marketing campaigns		757-619-0540	<a href="mailto:info@norfolksocietyforcemeteryconservation.org">info@norfolksocietyforcemeteryconservation.org</a>	<a href="http://www.norfolksocietyforcemeteryconservation.org/volunteer">www.norfolksocietyforcemeteryconservation.org/volunteer</a>	None
	Norfolk Libraries	Opportunities for adults, teens, families, and groups; school and court-ordered community service hours on a case-by-case basis	Casey Palmatier	757-664-7328 ext. 320	<a href="mailto:NPLvolunteer@norfolk.gov">NPLvolunteer@norfolk.gov</a>	<a href="http://www.norfolkpubliclibrary.org/support-npl/volunteering">www.norfolkpubliclibrary.org/support-npl/volunteering</a>	None
	Norfolk Department of Human Services	Volunteer for specific projects; apply for a college internship in social work	Deanna Powell-Brickhouse	757-664-7719	<a href="mailto:deanna.powell-brickhouse@norfolk.gov">deanna.powell-brickhouse@norfolk.gov</a>	<a href="http://www.norfolk.gov/index.aspx?nid=1274">www.norfolk.gov/index.aspx?nid=1274</a>	None
	Nauticus	Opportunities for individuals, groups, and youth in a variety of roles	LaToya Hyler	757-664-1043	<a href="mailto:LaToya.Hyler@norfolk.gov">LaToya.Hyler@norfolk.gov</a>	<a href="http://www.nauticus.org/join-our-crew/volunteer-at-nauticus/">www.nauticus.org/join-our-crew/volunteer-at-nauticus/</a>	 
	Neighbors Building Neighborhoods	Volunteers provide skills and talents to the community, solve neighborhood issues, develop self-reliance, and become involved with their neighbors and improve relationships with each other; they also develop and build better relationships with the city, businesses, schools, and other community stakeholders		757-664-4080	<a href="mailto:neighborhoodengage@norfolk.gov">neighborhoodengage@norfolk.gov</a>	<a href="http://www.norfolk.gov/index.aspx?nid=567">www.norfolk.gov/index.aspx?nid=567</a>	None
	Norfolk Community Services Board	Volunteers support work throughout the department; Internships available for Early Intervention service delivery and other special projects		757-823-1600		<a href="http://www.norfolk.gov/index.aspx?NID=2257">www.norfolk.gov/index.aspx?NID=2257</a>	None
	The Mission Continues	Empowers veterans, National Guard, and Reserve to find purpose through community impact in cities across the nation		314-588-8805		<a href="http://www.missioncontinues.org/about/">www.missioncontinues.org/about/</a>	   
	The Up Center	Opportunities to assist with special events; staffing the Up Center booth; organizing a supply drive; mentoring and fostering children; internships available		757-622-7017	<a href="mailto:info@theupcenter.org">info@theupcenter.org</a>	<a href="http://www.theupcenter.org/get-involved/volunteer-2/">www.theupcenter.org/get-involved/volunteer-2/</a>	


















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	YMCA	Volunteers support fundraising, mentoring, and advocacy; become board members, coaches; internships available		757-622-9622 (Blocker) 757-965-2322 (Y on Granby) 757-627-4124 (Dominion Tower)	<a href="http://www.ymcashr.org/contact-us-0">www.ymcashr.org/contact-us-0</a>	<a href="http://www.ymcashr.org/pages/volunteer-opportunities">www.ymcashr.org/pages/volunteer-opportunities</a>	  
	YWCA	Meal program; maintenance and grounds beautification; administrative advocates; crisis hotline; on-call crisis; outreach ambassadors; shelter volunteers; become board members & special committee and taskforce members; internships available		757-625-4248	<a href="mailto:volunteer@ywca-shr.org">volunteer@ywca-shr.org</a>	<a href="http://www.ywca-shr.org/site/c.ahKNIZMEI14E/b.8410335/k.65EC/Volunteer_and_Intern.htm">http://www.ywca-shr.org/site/c.ahKNIZMEI14E/b.8410335/k.65EC/Volunteer_and_Intern.htm</a>	  
<b>Differently Abled</b>	Autism Society of Tidewater Virginia	Volunteers support fundraising events		757-461-4474	<a href="mailto:events@tidewaterasa.org">events@tidewaterasa.org</a>	<a href="http://www.tidewaterasa.org/">http://www.tidewaterasa.org/</a>	 
	Foundation for Rehabilitation Equipment Endowment (FREE)	Volunteers collect, sanitize, and repair donated mobility equipment to give to uninsured and underinsured adults in Virginia; training provided. Donations of gently-used equipment are also welcome		757-771-6183	<a href="mailto:shr@free-foundation.org">shr@free-foundation.org</a>	<a href="http://www.free-foundation.org/get-involved">www.free-foundation.org/get-involved</a>	
<b>Disaster preparedness, response, and recovery</b>	American Red Cross	Support disaster preparedness, response and recovery; volunteer in VA and military hospitals; teach first aid, CPR, swimming, and health and safety skills; deliver emergency messages to military members ; reconnect families through international tracking services; organize youth programs		757-446-7762		<a href="http://www.redcross.org/local/virginia/volunteer">www.redcross.org/local/virginia/volunteer</a>	   
	Lutheran Disaster Response	Providing emotional and spiritual care; coordinating volunteers through local affiliates; assisting refugees; promoting disaster risk-reduction; providing long-term recovery effort by addressing unmet needs		800-638-3522		<a href="http://www.elca.org/Our-Work/Publicly-Engaged-Church/Volunteer/Disaster">www.elca.org/Our-Work/Publicly-Engaged-Church/Volunteer/Disaster</a>	  
	Norfolk Community Emergency Response Team (CERT)	Volunteer organization supporting personal and community preparedness/response and public safety initiatives; adults and volunteers 13+ years old (with parental permission)	Scott Mahone	757-441-5610	<a href="mailto:scott.mahone@norfolk.gov">scott.mahone@norfolk.gov</a>	<a href="http://www.norfolk.gov/index.aspx?nid=649">www.norfolk.gov/index.aspx?nid=649</a>	














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	Norfolk Medical Reserve Corps	Volunteers to support public health disaster response and daily public health initiatives		757-683-2760	<a href="mailto:Summer.atsewe@vdh.virginia.gov">Summer.atsewe@vdh.virginia.gov</a>	<a href="http://www.norfolk.gov/index.aspx?NID=3687">www.norfolk.gov/index.aspx?NID=3687</a>	
	Operation Blessing	Volunteers support construction, food services, heavy equipment operations, medical and dental operations, and other services that do not require specialized skillsets		800-730-2537		<a href="http://www.ob.org/disaster-relief/volunteer/">www.ob.org/disaster-relief/volunteer/</a>	
	Salvation Army	Soup kitchen serving and clean up; food pantry assistance; HOPE Village housecleaning; Kroc Center assistant; holiday kettle bell ringer			<a href="mailto:salarmyhrvolunteer@gmail.com">salarmyhrvolunteer@gmail.com</a>	<a href="http://www.virginiasalvationarmy.org/hrva/getinvolved/volunteer/">www.virginiasalvationarmy.org/hrva/getinvolved/volunteer/</a>	None
	Skywarn	Become a trained volunteer severe weather spotter; training provided	Bill Sammler	757-899-4200	<a href="mailto:william.sammler@noaa.gov">william.sammler@noaa.gov</a>	<a href="http://www.weather.gov/skywarn/">www.weather.gov/skywarn/</a>	None
	Team Rubicon	Utilizes active duty, reserve, National Guard, retired, and medically-retired veterans as well as civilian first responders, medical professionals, emergency managers, and others with applicable skills to provide disaster response and relief and support ongoing service opportunities	Jeff Eck	808-636-3780	<a href="mailto:jeff.eck@teamrubiconusa.org">jeff.eck@teamrubiconusa.org</a>	<a href="http://www.teamrubiconusa.org/volunteer/">www.teamrubiconusa.org/volunteer/</a>	
<b>Environmental</b>	Bay Star Homes	Homeowner-based and asks residents to make small behavioral changes to their lifestyle and homes in order to decrease their impact on the environment while improving water quality; free soil testing kits also available	Michelle Williams	757-823-4007	<a href="mailto:michelle.williams@norfolk.gov">michelle.williams@norfolk.gov</a>	<a href="http://www.norfolk.gov/index.aspx?NID=2806">www.norfolk.gov/index.aspx?NID=2806</a>	None
	Keep Norfolk Beautiful	Volunteers help develop a culture of environmental cleanliness and sustainability through community cleanups, Adopt-A-Spot, Norfolk Recycles Day, Clean the Bay Day, and other related programs		757-441-1347	<a href="mailto:knb@norfolk.gov">knb@norfolk.gov</a>	<a href="http://www.norfolk.gov/index.aspx?NID=2647">www.norfolk.gov/index.aspx?NID=2647</a>	None
	Mothers Out Front	Mobilizing for a livable climate. Volunteer opportunities to support organizational task forces, the digital engagement team, and the national communications team; other opportunities may be available as needs arise		617-520-4970		<a href="http://www.mothersoutfront.org/volunteer_opportunities">www.mothersoutfront.org/volunteer_opportunities</a>	














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	Norfolk Botanical Garden	Opportunities for individuals, families, youth, and youth groups	Phong Luu	757-441-5830	<a href="mailto:volunteer@nbgs.org">volunteer@nbgs.org</a>	<a href="http://www.norfolkbotanicalgarden.org/donate/donate/volunteer/">www.norfolkbotanicalgarden.org/donate/donate/volunteer/</a>	
	Norfolk Tree Commission	Supporting the Urban Tree Canopy work	Ken Danser	757-441-2400	<a href="mailto:trees@norfolk.gov">trees@norfolk.gov</a>	<a href="http://www.norfolk.gov/index.aspx?NID=462">www.norfolk.gov/index.aspx?NID=462</a>	None
	Tidewater Master Naturalists	Mission: to develop a well-informed corps of volunteers to provide education, outreach, and service dedicated to the beneficial management of natural resources and natural areas within local communities for the Commonwealth of Virginia through fun, interactive and interesting training in the natural environment of our local area. Volunteer applications accepted annually in the late winter/early spring			<a href="mailto:TidewaterMN@gmail.com">TidewaterMN@gmail.com</a>	<a href="http://www.tidewatermn.org/">www.tidewatermn.org/</a>	
	Virginia Cooperative Extension	Master Gardener Program involves training and community outreach and education		757-683-2816		<a href="http://www.norfolk.ext.vt.edu/get-involved.html">www.norfolk.ext.vt.edu/get-involved.html</a>	 
<b>Faith-based Volunteering</b>	Catholic Charities of Eastern Virginia	Opportunities in the CARES program serving seniors; driving clients to appointments; light yard work/home maintenance; inventory and organize donations; clerical/office duties; online research; special event planning; internships available in selected academic fields		757-456-2366	<a href="mailto:volunteerservices@cceva.org">volunteerservices@cceva.org</a>	<a href="http://www.cceva.org/want-to-help/volunteer/">www.cceva.org/want-to-help/volunteer/</a>	   
	Lutheran Disaster Response	Providing emotional and spiritual care; coordinating volunteers through local affiliates; assisting refugees; promoting disaster risk-reduction; providing long-term recovery effort by addressing unmet needs		800-638-3522		<a href="http://www.elca.org/Our-Work/Publicly-Engaged-Church/Volunteer/Disaster">www.elca.org/Our-Work/Publicly-Engaged-Church/Volunteer/Disaster</a>	  
	Operation Blessing	Volunteers support construction, food services, heavy equipment operations, medical and dental operations, and other services that do not require specialized skillsets		800-730-2537		<a href="http://www.ob.org/disaster-relief/volunteer/">www.ob.org/disaster-relief/volunteer/</a>	     
	Salvation Army	Soup kitchen serving and clean up; food pantry assistance; HOPE Village housecleaning; Kroc Center assistant; holiday kettle bell ringer			<a href="mailto:salarmyhrvolunteer@gmail.com">salarmyhrvolunteer@gmail.com</a>	<a href="http://www.virginiasalvationarmy.org/hrva/getinvolved/volunteer/">www.virginiasalvationarmy.org/hrva/getinvolved/volunteer/</a>	None
















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	Union Mission	Opportunities for individuals, groups, and youth including providing/serving meals; sort/pack food; sort clothing; adopt a holiday; assist in the store or warehouse; maintenance and repair work; clean and organize; general yard work and landscaping; teach a class		757-627-8686		<a href="http://www.unionmissionministries.org/get-involved/volunteer/">www.unionmissionministries.org/get-involved/volunteer/</a>	  
Family Support	Garden of Hope	Volunteers support re-entry, youth mentoring, GED training, and more		757-390-4328		<a href="http://www.gardenofhopecdc.org/volunteer/">www.gardenofhopecdc.org/volunteer/</a>	None
	Ronald McDonald House	Opportunities for individuals and groups to prepare meals for families of ill children residing at the house; also general housekeeping, yardwork, and special events		757-627-5386	<a href="mailto:ebrown@rmhcnorfolk.org">ebrown@rmhcnorfolk.org</a>	<a href="http://www.rmhcnorfolk.org/get-involved/volunteers/">www.rmhcnorfolk.org/get-involved/volunteers/</a>	 
Food Services / Pantries	Food Bank of Southeast Virginia	Opportunities for individuals and groups include mobile pantry program; quality assurance; special events; youth and family nights; child nutrition backpack program delivery; non-CDL truck driver; receptionist/switchboard assistant; office assistant; warehouse customer service; supplemental nutrition assistance program (SNAP); volunteer team leader; advisory council	Walter Gray	757-314-4559	<a href="mailto:wgray@foodbankonline.org">wgray@foodbankonline.org</a>	<a href="http://www.foodbankonline.org/how-to-help/donate-time/volunteer/">www.foodbankonline.org/how-to-help/donate-time/volunteer/</a>	     
	Mercy Chefs	Serve professionally prepared meals for victims, volunteers, and first responders in emergencies and disasters. Also serve food-insecure families in local communities		877-746-9322	<a href="mailto:info@mercychefs.com">info@mercychefs.com</a>	<a href="http://www.mercychefs.com">www.mercychefs.com</a>	   
Health/Medical	ACCESS AIDS	Volunteers support administrative/office, charity fundraising, special events	Clay Porter	757-640-0929	<a href="mailto:cporter@lgbtlifecenter.org">cporter@lgbtlifecenter.org</a>	<a href="http://www.lgbtlifecenter.org/help/volunteer/">www.lgbtlifecenter.org/help/volunteer/</a>	  
	Children's Hospital of the King's Daughters (CHKD)	Various volunteer opportunities for adults and youth ages 15+, see website for details and volunteer application process		757-668-7195	<a href="mailto:volunteer.services@chkd.org">volunteer.services@chkd.org</a>	<a href="http://www.chkd.org/Support-Us/Volunteer/">www.chkd.org/Support-Us/Volunteer/</a>	     
	DePaul Medical Center	Various opportunities available for adults and teens 14+ years, see website for details and volunteer application process	Janice Savage	757-889-5340	<a href="mailto:janice_savage@bshsi.org">janice_savage@bshsi.org</a>	<a href="http://www.bonsecours.com/hampton-roads/community-commitment/volunteer">www.bonsecours.com/hampton-roads/community-commitment/volunteer</a>	  

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	Eastern Virginia Medical School (EVMS)	Opportunities for volunteers to support departmental work		757-446-6043		<a href="http://www.evms.edu/about_evms/administrative_offices/human_resources/jobs/volunteer_opportunities/">www.evms.edu/about_evms/administrative_offices/human_resources/jobs/volunteer_opportunities/</a>	     
	Norfolk Community Services Board	Volunteers support work throughout the department; see website for details and volunteer application process		757-823-1600		<a href="http://www.norfolk.gov/index.aspx?NID=2257">www.norfolk.gov/index.aspx?NID=2257</a>	None
	Norfolk Medical Reserve Corps (MRC)	Volunteer organization supporting public health and community safety/preparedness initiatives. Volunteers must be 18+ years old		757-683-2760	<a href="mailto:norfolkmc@vdh.virginia.gov">norfolkmc@vdh.virginia.gov</a>	<a href="http://www.norfolk.gov/index.aspx?nid=3687">www.norfolk.gov/index.aspx?nid=3687</a>	
	Park Place Dental Clinic	Opportunities for dentists, dental hygienists, dental assisting, and clerical volunteers		757-683-2692		<a href="http://www.parkplaceclinic.org/Who-We-Are-.html">www.parkplaceclinic.org/Who-We-Are-.html</a>	None
<b>Higher Education</b>	Old Dominion University Center for Service and Civic Engagement	Volunteers are matched with community partners and service opportunities both on and off campus		757-683-3446	<a href="mailto:volunteer@odu.edu">volunteer@odu.edu</a>	<a href="http://www.odu.edu/life/gettinginvolved/service/community-service">www.odu.edu/life/gettinginvolved/service/community-service</a>	     
	Virginia Wesleyan Center for Civic Engagement and Service Learning	Various opportunities at local and state organizations		757-455-3538	<a href="mailto:wesleyanengaged@vwu.edu">wesleyanengaged@vwu.edu</a>	<a href="http://www.vwu.edu/student-life/community-service/volunteer-opportunities.php">http://www.vwu.edu/student-life/community-service/volunteer-opportunities.php</a>	None
<b>Homelessness Prevention / Support / Advocacy</b>	City of Norfolk Office to End Homelessness	Project Homeless Connect: Held twice a year, this event provides critical services for the homeless community, including medical, dental, benefits, housing information, barber services, clothing and hygiene donations, and more. Volunteers support logistics, registration, and service delivery at the events		757-664-4488	<a href="mailto:homelessness@norfolk.gov">homelessness@norfolk.gov</a>	<a href="http://www.norfolk.gov/Index.aspx?NID=296">www.norfolk.gov/Index.aspx?NID=296</a>	None
	Norfolk Emergency Shelter Team (NEST)	Volunteers support registration, set up/clean up, and feeding at homeless shelter sites at area churches during the winter months. Volunteers must be 18+ years old	Ann Straus	757-664-6000	<a href="mailto:jannstraus@gmail.com">jannstraus@gmail.com</a>	<a href="http://www.norfolk.gov/index.aspx?NID=1228">www.norfolk.gov/index.aspx?NID=1228</a>	None
	Samaritan House	Opportunities include crisis response; thrift store; child care; transportation, intake coordinator; court companion program; wish list; and more. Internships available	Melody Sanders	757-631-0710	<a href="mailto:melodys@samaritanhouseva.org">melodys@samaritanhouseva.org</a>	<a href="http://www.samaritanhouseva.org/volunteer/">www.samaritanhouseva.org/volunteer/</a>	  

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	St. Columba	Volunteers monitor the Day Center room where clients come and go distributing sandwiches, coffee, and other food; maintain the shower list and handing out towels, soap and other toiletries; answering questions; and conversing with and listening to the clients	Alicia	757-627-6748		<a href="http://www.stcolumbaministries.com/Volunteers.html">www.stcolumbaministries.com/Volunteers.html</a>	
	The Helpers Organization	Assists the homeless and low income families in Hampton Roads by addressing the needs of affordable housing, economic development, and neighborhood revitalization. Internships available		757-575-2683	<a href="mailto:thehelpers@thehelperswillhelp.org">thehelpers@thehelperswillhelp.org</a>	<a href="http://www.thehelperswillhelp.org/volunteer-now/">www.thehelperswillhelp.org/volunteer-now/</a>	None
<b>Legal</b>	Patient Advocate Foundation - National Legal Resource Network	Volunteer legal experts support patient advocacy, mediation, and arbitration services; fundraising; National Patient Advocate Foundation		800-532-5274		<a href="http://www.patientadvocate.org/get-involved/volunteer/">www.patientadvocate.org/get-involved/volunteer/</a>	  
<b>Military / Veterans</b>	Career Corps Volunteer Program (A program of Military Spouse Corporate Career Network)	Volunteers serve to gain professional development skills, training, and mentorship in preparation for job placement		877-696-7226	<a href="mailto:askus@msccn.org">askus@msccn.org</a>	<a href="http://www.msccn.org/WhoWeAre/CareerCorps.html">www.msccn.org/WhoWeAre/CareerCorps.html</a>	  
	Team Rubicon	Utilizes active duty, reserve, National Guard, retired, and medically-retired veterans as well as civilian first responders, medical professionals, emergency managers, and others with applicable skills to provide disaster response and relief and support ongoing service opportunities	Jeff Eck	808-636-3780	<a href="mailto:jeff.eck@teamrubiconusa.org">jeff.eck@teamrubiconusa.org</a>	<a href="http://www.teamrubiconusa.org/volunteer/">www.teamrubiconusa.org/volunteer/</a>	    
<b>Multi-Organizational Volunteer Opportunities</b>	Volunteer Hampton Roads	Volunteer for various organizations, events, and activities across the City. Please see the website for volunteer opportunities and contact information		757-624-2400	<a href="mailto:office@volunteerhr.org">office@volunteerhr.org</a>	<a href="http://www.volunteerhr.org/aboutus">www.volunteerhr.org/aboutus</a>	   
	Volunteer Norfolk	Volunteer for various organizations, events, and activities across the City; internships available. Please see the website for the volunteer application				<a href="http://www.norfolk.gov/index.aspx?NID=258">www.norfolk.gov/index.aspx?NID=258</a>	None



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	VolunteerMatch	Volunteer for various organizations, events, and activities across the City. Please see the website for volunteer opportunities and contact information				<a href="http://www.volunteermatch.org/search?!=Norfolk,%20VA,%20USA">www.volunteermatch.org/search?!=Norfolk,%20VA,%20USA</a>	    
<b>Youth</b>	Boys & Girls Clubs of Southeast Virginia	Opportunities to coach sports, life skills, tutor, office work, data entry, financial management instructor, and more		757-853-5632	<a href="mailto:volunteer@bgcseva.org">volunteer@bgcseva.org</a>	<a href="http://www.bgcseva.org/volunteer">www.bgcseva.org/volunteer</a>	 
	Civil Air Patrol	Youth cadet programs		804-743-2220		<a href="http://www.vawg.cap.gov/">www.vawg.cap.gov/</a>	   
	Girl Scouts of the Colonial Coast	Opportunities to be a troop leader/assistant leader; troop helper; short-term leader; camp and outdoors; share your skills/expertise; program consultant; events coordinator; product sales; recruitment and registration; finance coordinator; volunteer support and recognition; adult learning; community relations; fundraising; administrative support		757-547-4405	<a href="mailto:volunteer@gsgcc.org">volunteer@gsgcc.org</a>	<a href="http://www.gsgcc.org/en/for-volunteers/ways-to-volunteer.html">www.gsgcc.org/en/for-volunteers/ways-to-volunteer.html</a>	     
	Seton Youth Shelters	Volunteers support meal preparation, fundraising and donation drives, facilitating skills classes, mentoring. Youth volunteer opportunities and internships available	Melissa Ramsey		<a href="mailto:mramsey@setonyouthshelters.org">mramsey@setonyouthshelters.org</a>	<a href="http://www.setonyouthshelters.org/volunteer/">www.setonyouthshelters.org/volunteer/</a>	None