

NORFOLK LIFEGUARD

SUMMER AND YEAR-ROUND EMPLOYMENT



CITY OF NORFOLK IS HIRING CERTIFIED LIFEGUARDS BOTH PART-TIME AND FULL-TIME FOR SEASONAL OUTDOOR POOLS, YEAR-ROUND INDOOR POOLS AND NORFOLK BEACHES.

JOIN THE LIFEGUARD TEAM OF CHAMPIONS AND LIFESAVERS



2017 PENINSULA LIFEGUARD ASSOCIATION POOL LIFEGUARD COMPETITION CHAMPIONS

2017 and 2018 VIRGINIA LIFEGUARD ASSOCIATION TEAM RUN-SWIM-RUN CHAMPIONS

2018 AMERICAN RED CROSS HERO LIFESAVING AWARD WINNERS

2018 and 2019 VIRGINIA LIFEGUARD ASSOCIATION DR. FRANK PIA LIFESAVING AWARD RECIPIENTS

NEED TRAINING?

PLEASE SEE BACK FOR AMERICAN RED CROSS LIFEGUARD CLASSES COMING UP IN NORFOLK.



2019 LIFEGUARD TRAINING CLASSES

<p>APRIL 2019 SPRING BREAK CLASS Southside Aquatic Center 1750 Campostella Road (757) 333-3281 April 15-20 8:00am-5:00pm daily Weekly Pre-test Days – Saturdays 1:00pm</p>	<p>APRIL 2019 SPRING BREAK CLASS Northside Swimming Pool 8401 Tidewater Drive (757) 441-1760 April 15-20 8:00am-5:00pm daily Weekly Pre-test Days – Saturdays 1:00pm</p>
<p>APRIL 2019 CLASS Norfolk Fitness and Wellness Center Pool 7300 Newport Avenue (757) 823-4306 April 5, 6,7,12,13 and 14 Fri 4-8p and Sat/Sun 8a-5p Weekly Pre-test Days – Saturdays 1:00pm</p>	<p>MAY 2019 CLASS Date TBD Huntersville Swimming Pool 830 Goff Street (757) 664-7431 or Southside Aquatic Center 1750 Campostella Road (757) 333-3281</p>

<p>Course Pre-requisites</p> <p>For participants 15 years and older Swimming skills required for pre-test:</p> <ol style="list-style-type: none"> 1- 300 yard continuous swim using front crawl and/or breast stroke 2- Two (2) minute tread (legs only) 3- 20X20 yard brick retrieval/ tow in one (1) minute 40 seconds or less <p>Pre-test days are listed above with course offerings. Pre-test must be successfully completed within 10 days of selected class start date.</p>	<p>Course Fees</p> <p>\$95 Norfolk Residents \$105 Non-residents</p> <p>Class participants are responsible for purchasing the required class materials</p> <ol style="list-style-type: none"> 1- American Red Cross Lifeguard Training Participant Manual 2- CPR Mask 3- First Aid hip pack 4- Whistle with lanyard
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We offer FREE LIFEGUARD PREP CLASSES each week
 Northside Pool – Saturdays 2-3pm
 Huntersville Pool – Thursdays 6-7pm
 Pool/Rec pass required for pool use