

## Sexuality/Gender Support

<b>YWCA</b> <i>Counseling, group therapy, housing support, outreach and education</i>	757-625-4248 500 East Plume St, Ste 700 Norfolk, VA 23510
<b>LGBTQ Partner Abuse and Sexual Assault Hotline</b> <i>24-hour free and confidential telephone service for information or help</i>	866-356-6998 Text 804-793-9999 Chat also available
<b>The LGBT Life Center of Hampton Roads.</b> <i>Provide community meeting space; counseling; resource center; events; free HIV testing, transportation; housing</i>	757-200-9198 www.lgbtlifecenter.org info@lgbtlifecenter.org

2-1-1 Virginia is a free service that can help you find the local resources you need. We are here for you 24 hours a day, seven days a week.

<https://211virginia.org>

For additional resources please check out our other Resource Guides

Volumes: A, C, D, and E

<b>Volume A</b>	Clothes Closets Employment Training & Assistance Food Pantries/ Nutrition Services Shelters/ Day Services/ Housing Services
<b>Volume C</b>	Household Assistance Government Resources ID Services Information & Referral Transportation
<b>Volume D</b>	Differently Abled Immigration Military/Veterans Senior Services
<b>Volume E</b>	Courts/ Jail Ministry Re-entry Legal Resources

Revised 7/2021

## Norfolk Community Partner Resource Guides

### Volume B: HEALTH CARE SUPPORT GROUPS



Prepared by:  
**Norfolk Re-Entry Council, Community Involvement Committee**  
**Norfolk Emergency Preparedness & Response Office**  
 July 2021 Edition



The Norfolk Re-Entry Council focuses on the key barriers to successful offender re-entry, including: Employment and Education, Housing, Financial Obligations and Resources, Social Reintegration, and Physical and Mental Health/Substance Abuse.

The Community Involvement Committee focuses on strengthening partnerships with faith-based organizations and collaborates on initiatives that will enhance our community. The goal is to utilize the unique network of organizations in the Norfolk community to address the needs of returning citizens.

## EMERGENCY CONTACTS

<b>Police/Fire/Rescue</b>	<b>911</b>
<b>American Red Cross</b>	<b>804-780-2250</b>
<b>Child Protective Services</b>	<b>757-664-6022</b>
<b>ChildHelp National Child Abuse Hotline</b>	<b>800-422-4453</b>
<b>LGBTQ Partner Abuse and Sexual</b>	<b>800-838-8238</b>
<b>National Domestic Abuse Hotline</b>	<b>800-799-7233</b>
<b>Norfolk Community Services Board</b>	<b>757-664-7690</b>
<b>Poison Control Center</b>	<b>800-222-1222</b>
<b>Suicide Prevention Lifeline</b>	<b>800-273-8255</b>
<b>Virginia Family Violence/Sexual Assault Hotline</b>	<b>800-838-8238</b>
<b>YWCA Women’s Crisis Hotline</b>	<b>757-251-0144</b>

## Mental Health/Substance Abuse (cont.)

<b>Norfolk Prevention Coalition</b> <i>Seeks to engage all community sectors to work together to reduce use of drugs, alcohol, and tobacco; offers REVIVE training</i>	<a href="http://www.Norfolk.gov/NPC">www. Norfolk.gov/NPC</a>
<b>Pathway to Life</b> <i>Abuse; ADHD; anger; Bi-Polar; depression; mental retardation; PTSD; teen pregnancy</i>	757-395-4122 420N Center Dr, Ste141 Norfolk, VA 23502
<b>Providence Evangelical Friend Church</b> <i>Faith-based support group and counseling</i>	757-420-3969 757-724-2273 5340 Providence Rd Virginia Beach, VA 23464
<b>Second Chances</b> <i>Mentoring and support group for justice-involved individuals</i>	757-664-4281 Norfolk City Hall 810 Union St #807 Norfolk, VA 23510
<b>St. Mark RZUA Church</b> <i>Faith-based counseling and mentoring</i>	757-627-3971 1513 Colonial Ave Norfolk, VA 23517
<b>St. Timothy Lutheran Church</b> <i>Alzheimer’s support group meets the first Thursday of each month at 11:30am</i>	757-459-2500 1051 Kempsville Rd Norfolk, VA 23502
<b>The UP Center</b> <i>Mental health skill-building; family and youth counseling</i>	757-354-3819 150 Boush St, Ste 500 Norfolk, VA 23510
<b>Tidewater Area of Narcotics Anonymous</b> <i>Listings of Narcotics Anonymous support groups</i>	866-972-5055 <a href="http://www.tidewaterareana.org">www.tidewaterareana.org</a>
<b>Tidewater Intergroup Council of Alcoholics Anonymous</b> <i>Listing of anonymous support groups</i>	757-490-3980 4968 Euclid Rd, Ste F Virginia Beach, VA 23462 <a href="http://www.tidewaterintergroup.org">www.tidewaterintergroup.org</a>
<b>Virginia Department of Health—OPIOID Addiction</b>	757-683-2800 830 South Hampton Ave, Ste 200 Norfolk, VA 23510
<b>Wesley Grace United Methodist Church</b> <i>Meeting location for an Al-Alon group every Tuesdays at 11 am</i>	757-587-2996 288 East Little Creek Rd Norfolk, VA 23505
<b>Youth Challenge of Hampton Roads</b> <i>Faith-based addiction recovery services residential program services for men and women</i>	757-244-1234 (men’s home) 757-244-8554 (women’s home)

## Mental Health/Substance Abuse (cont.)

<b>Garden of Hope</b> Family Health Project; I Am My Sister's Keeper; HIV support and advocacy program	757-390-4328 1317 East Brambleton Ave Norfolk, VA 23504
<b>Gethsemane Community Fellowship Church</b> Living Water ministry provides Christian-based substance abuse support for addiction to drugs or alcohol	757-622-0760 1317 Brambleton Ave Norfolk, VA 23504
<b>Ghent United Methodist Church</b> Faith Based counseling	757-622-2843 531 Raleigh Ave Norfolk, VA 23507
<b>Grief Share</b> A friendly, caring group of people who will walk alongside you through one of life's most difficult experiences	800-395-5755 www.griefshare.org Check the website to find a local group
<b>Harbour Light Baptist Church</b> Faith-based counseling	757-626-3935 1455 W 38th St Norfolk, VA 23508
<b>Herald of His Coming COGIC</b> Faith-based counseling	757-623-1312 727 E 27th St Norfolk, VA 23504
<b>MisngPieces</b> Faith-based Counseling & Support Group	757-917-0234 misngpieces@yahoo.com
<b>New Calvary Baptist Church</b> HIV/AIDS	757-627-1269 800 E Virginia Beach Blvd Norfolk, VA 23504
<b>Norfolk Community Services Board</b> Mental health, intellectual disability; substance abuse treatment and rehabilitation, including opioid addiction	757-823-1600
<ul style="list-style-type: none"> <li><b>Crisis Hotline</b></li> <li><b>PATH Outreach-Homeless Project</b> For persons with severe mental health disorders, with or without co-occurring substance abuse disorders; also provides consultation and training on homelessness and mental health disorders to the community</li> </ul>	757-664-7690  757-823-1600 225 West Olney Rd. Norfolk, VA 23510 www.norfolk.gov/NCSB
<b>Norfolk Department of Human Services</b> <ul style="list-style-type: none"> <li><b>CARES/Re-Entry T.E.A.M.</b> Counseling, Mentoring &amp; Support Groups</li> <li><b>Prevention Unit</b> Counseling, information, and referral</li> </ul>	757-416-4320 741 Monticello Ave Norfolk, VA 23510  757-664-7790 741 Monticello Ave, Norfolk, VA 23510

## Medical/Dental

<b>Access Partnership</b> Durable Medical Equipment (DME) and resources	757-502-7400 1616 Centerville Turnpike, Ste 212 Virginia Beach, VA 23456
<b>American Cancer Society-Hampton Roads Office</b> Learn about treatment options; get advice on coping with side effects or dealing with health insurance; free ride to treatment; free place to stay when treatment is far from home	800-227-2345 757-493-7940 4416 Expressway Dr Virginia Beach, VA 23452 www.cancer.org Live chat available
<b>American Diabetes Association</b> Advocacy for the prevention and cure for diabetes	757-424-6662 870 Greenbrier Cir Greenbrier Tower, Ste 104 Chesapeake, VA 23320
<b>Bon Secours Care-A-Van</b> Health care, mobile health care at various sites	757-889-2273 Call for information and schedule of locations www.bshsi.org/careavan
<b>Chesapeake Care Clinic</b> provides primary and specialty care for medical services as well as prescriptions from our onsite pharmacy and dental services to any Hampton roads resident that is uninsured	757-545-5700 Ext 211 2145 S. Military Hwy Chesapeake, VA 23324
<b>Cover Virginia</b> VA health insurance program, health care coverage for pregnant women and children through FAMIS/FAMIS Plus; also for the aged, blind or disabled; Medicare Part D costs; Saving Program	855-242-8282 855-635-4370 www.commonhelp.virginia.gov
<b>EVMS HOPES Free Clinic</b> Serves uninsured with long-term and specialty care on Thursdays 6-9pm; appointment only; women's health clinic; dermatology; ophthalmology; orthopedics and ultrasound	757-446-0366 830 South Hampton Ave Norfolk, VA 23510
<b>EVMS Strelitz Diabetes Center</b> Health care, prescription, dental, vision	855 Brambleton Ave Norfolk, VA 23510
<b>Ghent Area Ministry</b> Health care, prescription, dental vision	757-622-0438 1301 Colonial Ave, Ste 2 Norfolk, VA 23517
<b>Hampton Roads Community Health Center (HRCHC)</b> Behavioral health; family practice; gynecology; internal medicine; medication assistance; pediatrics; dental; sliding scale fee	757-393-6363 www.hrhc.org Check the website for locations
<b>Healthy Smiles Dental Center and Mobile</b> Examinations and x-rays; preventive care; restorative care; emergency care	757-399-4588 664 A Lincoln St Portsmouth, VA 23704 Call for locations and times

## Medical/Dental (cont.)

<b>Lion's Club of District 24-D</b> <i>Medical, eye care, hearing aid, cataract, and prosthetic eye assistance</i>	<a href="https://lcfsv24i.org/">https://lcfsv24i.org/</a> <i>Links to request forms on website</i>
<b>New Eyes for the Needy</b> <i>New Prescription eyeglasses for residents in financial need</i>	973-376-4903 <a href="http://www.new-eyes.org">www.new-eyes.org</a> <a href="mailto:info@new-eyes.org">info@new-eyes.org</a>
<b>New Hope COGIC-Victory Ministry</b> <i>HIV/AIDS program enhances the quality of life for persons infected and affected by the disease through education; counseling and referrals; home and hospital visitation; and drug, food, clothing, and finance assistance</i>	757-857-5315 3232 Brest Ave Norfolk, VA 23509 <a href="http://www.newhopecogic.org">www.newhopecogic.org</a>
<b>Norfolk Department of Public Health</b> <ul style="list-style-type: none"> <li>• Chronic disease education and screening</li> <li>• Family planning &amp; services</li> <li>• TB clinic</li> <li>• Immunizations</li> <li>• Women Infant and Children (WIC) nutrition</li> <li>• Food handling/manager certification courses</li> <li>• Mosquito monitoring and prevention</li> <li>• Quit Now Virginia</li> </ul>	757-451-7150 <a href="http://www.norfolk.gov">www.norfolk.gov</a> <i>Multiple locations, call for details</i>
<b>Old Dominion University - School of Dental Hygiene</b> <i>Oral screenings; oral prophylaxis; periodontal therapy; dental sealants; cavities; patient education</i>	757-683-4308 4608 Hampton Blvd Health Science Bldg, First Floor Norfolk, VA 23529
<b>Park Place Dental Clinic</b> <i>Extractions, fillings and cleanings to the homeless, low-income and uninsured adult residents of Norfolk based on eligibility</i>	757-682-2692 606 W. 29th St Norfolk, VA 23508 <a href="http://www.parkplaceclinic.org">www.parkplaceclinic.org</a>
<b>Partnership for Prescription Assistance</b>	<a href="http://www.pparx.org">www.pparx.org</a> <i>Check the website to get prescription help and to find clinics, pharmacy locations and phone numbers</i>
<b>Planned Parenthood-Virginia Beach Health Center</b>	757-499-7526 515 Newtown Rd Virginia Beach, VA 23462
<b>St. Columba Ecumenical Ministries, Inc.</b> <i>Prescription medications; vision and dental programs is specifically for homeless individuals in Norfolk in need of emergency dental work and eye exams to get glasses; referral-based assistance</i>	757-627-6748 2114 Lafayette Blvd Norfolk, VA 23509

## Medical/Dental (cont.)

<b>The Union Mission Ministries</b> <i>Assist homeless individuals with prescription medication, medical supplies, bus passes, and health education for shelter guests</i>	757-627-8686 5100 East Virginia Beach Blvd Norfolk, VA 23502
<b>Urban League of Hampton Roads, Inc.</b> <i>Support fitness, good nutrition and medical care. Education, outreach and case management services are provided. Primary focus of the health program is to assist individuals that are HIV/AIDS positive</i>	757-226-7589 830 Goff St Norfolk, VA 23504

## Mental Health Support/Substance Abuse

<b>Alzheimer's Association, Southern Virginia Chapter</b> <i>Educational classes; monthly orientation; support groups</i>	800-272-3900 <a href="http://www.alz.org/seva">www.alz.org/seva</a>
<b>Bethlehem Missionary Baptist Church</b> <i>Substance abuse support ministry</i>	757-623-1575 <a href="http://www.bbcnorfolk.org/home.html">www.bbcnorfolk.org/home.html</a>
<b>Cancer Care Foundation of Tidewater</b> <i>Supporting the emotional, practical and non-medical needs of cancer patients and their caregivers</i>	757-461-8488 <a href="http://www.ccfot.org">www.ccfot.org</a>
<b>Catholic Charities of Eastern Virginia</b> <i>Comprehensive compassionate services; referral support group and counseling</i>	757-533-5217 1301 Colonial Ave Norfolk, VA 23517
<b>Church After God's Own Heart</b> <i>Counseling—child, marriage, spiritual &amp; substance abuse</i>	757-853-2022 7110 Clayton Dr Norfolk, VA 23513
<b>Compass</b> <i>Intensive in-home services; mental health skill building; autism support; outpatient services for youth and family</i>	757-644-6391 7460 Central Business Park Dr Norfolk, VA 23513
<b>Divorce Care</b> <i>A friendly, caring group of people who will walk alongside you through one of life's most difficult experiences</i>	800-489-7778 <a href="http://www.divorcecare.org">www.divorcecare.org</a>
<b>First Baptist Church Berkley</b> <i>Provides spiritual support and guidance for persons addicted to alcohol or drugs</i>	757-543-4296 706 Berkley Ave Ext Norfolk, VA 23523