11th Annual Norfolk Bike Month

May 2022

Norfolk BIKE MONTH

SCAN ME

Join us for healthy, fun, and free biking events *all month*!

Learn more at
norfolk.gov/bike

Get social
#nfkbikemonth

Sun	Mon	Tue	Wed	Thu	Fri	Sat
01 • Slow-Mo Sunday • Coffee Outside • Tour de ORF	**02** • East Coast Adventure Ride	**03** • East Coast Road Ride • Norfolk Bike Expo	**04** • Bike to School Day • Mountain Bike Ride • Super Casual Ride	**05** • BAPTC Meeting • East Coast Rides • Bike Polo Night	**06** • Freshtopia Night Ride • Late Night Ladies' Ride	**07** • East Coast Road Ride • Boom Box Ride
08 • Moms Bike to Brunch • Slow-Mo Sunday	**09** • East Coast Adventure Ride	**10** • East Coast Road Ride	**11** • Super Casual Ride	**12** • East Coast Rides • Bike Polo Night	**13** • Bikes, Brews, & Baseball • Late Night Ladies' Ride	**14** • East Coast Road Ride • Boom Box Ride
	Bike to Work Week					
15 • Slow-Mo Sunday	**16** • East Coast Adventure Ride	**17** • Pedego Mermaids Tour • East Coast Road Ride	**18** • Bike Maintenance Clinic • Super Casual Ride	**19** • East Coast Rides • Bike Polo Night	**20** • Bike to Work Day • Glow Ride	**21** • Bike Polo Tourament • Saturday Morning Adventure • East Coast Road Ride • Boom Box Ride
22 • Bike Polo Tournament • Slow-Mo Sunday • Crucial Taunt Jaunt	**23** • East Coast Adventure Ride	**24** • East Coast Road Ride	**25** • Super Casual Ride • Pedego Light Up the Night	**26** • Virginia Zoo Bike Night • East Coast Rides • Bike Polo Night	**27** • Late Night Ladies' Ride	**28** • Bike Botanical Tour • East Coast Road Ride • Boom Box Ride
29 • Slow-Mo Sunday	**30** • East Coast Adventure Ride	**31** • East Coast Road Ride	***All Month*** • Pedal Pusher Bingo • Garden Bike Nights • Virginia Arts Festival Bike Nights			

Downtown Norfolk

THE CITY OF NORFOLK

TRAFFIX Commuter Options

ELIZABETH RIVER TRAIL

Lime

BIKE NORFOLK

SOCIAL CYCLING NORFOLK