Bike Organizations

**Bike Norfolk**
Promoting a bike-friendly city through education, awareness, and advocacy.

**Riding groups**
- Social Cycling Norfolk
- Norfolk Cycle Sisters
- Black Girls Do Bike
- Cyclique
- Freshtopia
- KRT & QRT Cycling Virginia

**Activity groups**
- Northside Mountain Bike Trails
- Rustbucket Races
- Norfolk Bike Polo

Regular Events

**Bicycle & Pedestrian Trails Commission**
*1st Thursday of the month at 4:00pm*
Open to the public
Either virtually or at Norfolk City Hall

**Boombox Ride**
*Every Saturday at 10:30am*
Hosted by Freshtopia

**Tour de ORF**
*1st Sunday of the month*
Hosted by Smartmouth Brewing Company and Elizabeth River Trail Foundation

**Super Casual Wednesdays**
*Every Wednesday at 6:00pm*
Hosted by Social Cycling Norfolk and Local Bike Shop

**Slow-Mo Sundays**
*Every Sunday at 10:00am*
Hosted by Social Cycling Norfolk and Local Bike Shop

**Late Night Ladies’ Ride**
*Every Friday at 8:30pm*
Hosted by Norfolk Cycle Sisters

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City Biking Resources

- Norfolk Bike Network Map
- Elizabeth River Trail Map
- Norfolk Bicycle and Pedestrian Strategic Plan
- Norfolk Multimodal Transportation Master Plan
- Norfolk Public School’s Safe Routes to School
- ODU: Bike Registration
- League of American Bicyclists’ Norfolk Report Card
- TRAFFIX
- Lime Bike Share

Helpful How-To’s

**Hampton Roads Transit**
- Ride with your bike on the bus
- Bike-friendly commuter program

**League of American Bicyclists**
- Local League Cycling Instructors
- Quick Guide
- Smart Cycling Tips

**Bike Norfolk**
- How to ride safely in the street