

# Norfolk Bike Resources

View maps and learn more at  
[www.norfolk.gov/bike](http://www.norfolk.gov/bike)

## Bike organizations

### Bike Norfolk

Promoting a bike-friendly city through education, awareness, and advocacy

### Riding groups

- [Social Cycling Norfolk](#)
- [Norfolk Cycle Sisters](#)
- [Black Girls Do Bike](#)
- [Freshtopia](#)
- [KRT & QRT Cycling Virginia](#)

### Activity groups

- [Northside Mountain Bike Trails](#)
- [Norfolk Bike Polo](#)

## Regular events

### Norfolk Bicycling, Pedestrian and Active Transportation Commission

1st Thursday of the month at 4:00pm  
Open to the public at Norfolk City Hall

### Boombox Ride

Every Saturday at 10:30am  
Hosted by Freshtopia

### Tour de ORF

1st Sunday of the month  
Hosted by Elizabeth River Trail Foundation

### Super Casual Wednesdays

Every Wednesday at 6:00pm  
Hosted by Social Cycling Norfolk

### Slow & Steady Sundays

Every Sunday morning at 10:00am  
Hosted by Social Cycling Norfolk

### Late Night Ladies' Ride

Every Friday night at 8:30pm  
Hosted by Norfolk Cycle Sisters



## City biking resources

- [Norfolk Bike Network Map](#)
- [Elizabeth River Trail Map](#)
- [Norfolk Bicycle and Pedestrian Strategic Plan](#)
- [Norfolk Multimodal Transportation Master Plan](#)
- [Norfolk Public School's Safe Routes to School](#)
- [ODU: Bike Registration](#)
- [TRAFFIX](#)
- [Lime Bike Share](#)
- [League of American Bicyclists Bronze-level Bicycle Friendly Community: Norfolk](#)
- [Vision Zero in Norfolk](#)

## Helpful how-to's

### Hampton Roads Transit

- [Ride with your bike on the bus](#)
- [Bike-friendly commuter program](#)

### League of American Bicyclists

- [Local League Cycling Instructors](#)
- [Smart Cycling Tips](#)

### Bike Norfolk

- [How to ride safely in the street](#)

