

# MEN & WOMEN'S HEALTH GROUPS

**2<sup>nd</sup> Wednesday Every Month**  
**9:30am - 10:30am**

Men in PRDC  
Women in Rm 233



**The Peer Recovery  
Drop-in Center Open**

**Weekdays**

8:30Am - 12:00Pm & 1:00Pm - 4:00Pm.

**Saturday & Sunday**

9:00Am - 3:00Pm

For more information call the

**Warm Line at  
(757) 664-6683**

*(Some exceptions may apply.)*