

## Norfolk Police Athletic League (PAL) Summer Program

Community Services Division

The Norfolk Police Department's Police Athletic League (PAL) is a community outreach initiative designed to build strong, positive relationships between law enforcement and local youth. Through structured athletic, recreational, and educational activities, PAL provides a safe and supportive environment where young people can grow, learn, and thrive.

Each summer, the Norfolk PAL program offers a free three-week camp that runs Monday through Thursday, from 8:00 AM to 4:00 PM. The camp is divided into two age groups: children ages 8–12 attend in June, and youth ages 13–16 participate in July. Activities are led by Norfolk police officers and our professional staff who mentor participants and promote teamwork, discipline, and leadership.

Whether through sports, team-building exercises, educational workshops, or community service projects, the PAL program strives to create meaningful connections and guide young people toward positive futures. It's more than just play, it's about partnership, mentorship, and empowering the next generation.

Questions? Please reach out to our Community Services Division at

**PD-CommunityAffairs@norfolk.gov**